

Volunteer from Home

A Guide to Making Face Masks

Living Classrooms is accepting donations of masks and face coverings to be distributed to the families we serve in East Baltimore. This guide provides instructions to make cloth face coverings from home so you can lend a hand in protecting the health of the community.

No Sew Tshirt Mask

Supplies



Tshirt



Scissors



1
Cut through the shirt about 7-8 inches from the bottom.



2
Lay the tube of fabric flat and cut out a rectangle 6-7 inches long.



3
Cut the joined ends of the strips to create 4 straps.



3
Unfold the completed mask, trim to fit. Line with paper towel or filter when wearing.



4
Mail to
**316 S Caroline St,
Baltimore, MD 21231**

Simple Hand Sewn Mask

Supplies



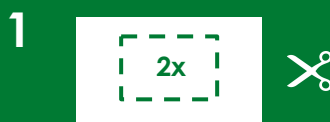
Needle and Thread



Pillowcase or sheet



Rubber Bands or Hair Ties



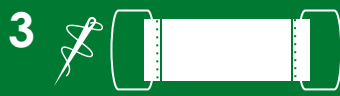
1
Cut two 9.5 by 6.5 in rectangles of fabric from the pillowcase or sheet.



2
Fold over 1/4 inch of each panel's edge and then lay the panels on each other. Stitch the panels together keeping the edges folded.



3
Tuck and fold the front of the mask to form pleats. Pins or clips may be helpful.



3
With the pleated side down, lay the bands or hair ties along the edge and fold the edge over them. Stitch the tubes closed to finish.



4
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To stay in touch and learn more about Living Classrooms' COVID-19 response, follow us on social media or visit us online at livingclassrooms.org